

Physio - lower cost

January 2013

Burrard Physiotherapy (cost \$10 per session)

Address: 1190 Hornby St, Vancouver

Phone: 604-684-1640

Hours: Monday to Friday 7am to 7pm, Saturday 8am to 3pm, closed Sunday

New West Sports Physio (cost \$15 per session)

Address: 65 Richmond St, New Westminster

Phone: 604-526-7466

Have some exercise guides on their website here: www.nwsm.ca/resources.htm

High Gate Physiotherapy and Massage (note: patients on social assistance can get 10 sessions of therapy for free.)

Address: Suite 205-7315 Edmonds St, Burnaby, BC V3N 1A7

Phone: (604) 525-3700

Hours: Saturday and Sunday 8 am - 4 pm, Monday to Friday 7 am - 6 pm

The South Centre Physiotherapy Clinic (provides free therapy for people over 65 on welfare and 15\$ per visit for people over 60)

Address: 5854 Victoria Dr, Vancouver

Phone: 694-324-1222

Hours: Monday, Wednesday, Friday 8:30am to 8pm, Tuesday, Thursday, Saturday 8:30am to 2pm, closed Sunday

Lougheed Physiotherapist Corporation (provides free physio therapy to patients on social assistance)

Address: 9622 Cameron St. Burnaby

Phone: 604-421-3226

Fleetwood Physiotherapist Corp (\$5 per session for patients on social assistance)

Address: 100-15129 100 Ave, Surrey, BC

Phone: 604-581-5236